



## The Cougar Forum Nov/Dec 2018 Volume 3, Issue 3

# THE COUGAR FORUM

### Upcoming Dates:

December 19-20

Final Exams

December 21

Last Day/Q2 Ends

Dec. 24—Jan. 8

Winter Break

January 8

Full Day/First Day of Q3

January 10

Report Cards

January 14

1st Day for JSCC Classes

January 21

MLK Day/No School

## Holiday Wishes

"I would like to give my students the gift of encouragement. All of our students at JCM-ECH are important, valued, and loved. Continue to work hard and success will follow."

~Nathan Lewis, Principal

**"I would give my students the gift of perseverance. Students must understand when life gets tough they have to step up and work harder to overcome obstacles that come their way."**

~Shekia Allen, Wellness, PE/PF Teacher

"I would give my students the gift of empathy, the ability to understand and share the feelings of others. Empathy makes the classroom, the workplace, and the world a more beautiful place to be."

~Dana Helton, Career Exploration Teacher

**"Be kind to animals."**

~Linda Thomason, Computer Teacher

"If I could give my students anything, it would be the ability to think critically—about what they read, about what they see on TV and social media, and about the world around them."

~Camille Pruett, English Teacher

"To all my students during Mrs. Amaya-Allen's absence: You are fearfully and wonderfully made. You are in the world for a reason. Treasure each day. Show kindness. Think of others first. Be grateful. You are loved."

~Ms. Beal

**HAPPY Holidays!**

"I would give my students the ability to have confidence in what makes them unique. My hope is they don't find their identity in what other people say, but are confident in who they are."

~David Westberry, Algebra I/II Teacher

"If I could give my students anything, I would give them the gift of foresight. I want them to be able to see how the decisions they make today impact their futures."

~Lilah Morell, SS Teacher

"If I could give my students anything, I would give them the vision to see themselves once in a lifetime, to see through the eyes of wisdom, to see where they will be in 20 years, and to see hopefully how important education is today."

~Eugene Clark, Art Instructor

**"To the students of JCM-Early College High School, I wish you all the best holiday period filled with fun and excitement. Get some rest and come back refreshed and rejuvenated. Do not hesitate to contact me if needed. Enjoy your break!"**

~Latonia Vann, School Counselor



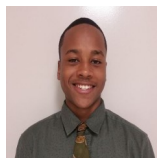
If I could give my students a gift, it would be the ability to relax and enjoy being young. I would also like for my students to have confidence and for them to live purposefully and joyfully.

~Michael Schwartz, Spanish I/II Teacher

"I wish for my students to develop a growth mindset that leads to becoming life-long learners. The brain is a muscle, and it should be exercised like all muscles. There will be times that there is muscle fatigue and strain, but we must push through in order to overcome future challenges."

~Cassandra Williams, Geometry/Algebra II Teacher

## Cougar Recognition



**Congratulations JCM-ECH Senior Daijon Jones!**

Daijon was named to the All-West TN Cross Country Team! We are very proud of his accomplishments inside and outside of the classroom. He truly exemplifies the definition of a student-athlete. Congrats Daijon!



## JACKSON CENTRAL MERRY EARLY COLLEGE HIGH SCHOOL

### JCM-ECH Students of the Month

#### Autumn McDonald, November Freshman



Autumn volunteers to help without being asked. She has very insightful comments and adds much to class discussions. Autumn is an excellent example of the JCM-ECH student of the month!

#### Carliyah Greer, December Freshman

Carliyah comes to class every day ready to learn and prepared for success. She is a great role model for other students to follow and constantly displays a positive attitude. We are very proud to have Carliyah as our December Freshman Student of the Month!

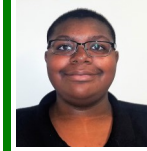


#### India Curry, November Sophomore

India always goes above and beyond academically. She is simply a joy to have in class. She is helpful and friendly to her peers and gives her best everyday. India is an awesome sophomore for the student of the month recognition!

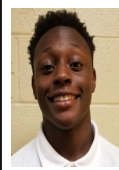


#### Zakaus Johnson, December Sophomore



Zakaus is a kind soul. He is always pleasant and upbeat. He is always willing to try during class and often volunteers. In fact, his effort knows no bounds. He brings his best to class everyday. Zakaus is a worthy example of the JCM-ECH student of the month!

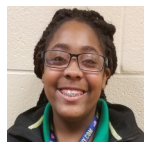
# Congratulations



#### Trevon Edwards, November Junior

Trevon has really focused on school and improving his grades this month. Trevon comes to class eager to learn and demonstrates self-motivation. Trevon is now working to his fullest potential. His hard work and renewed focus make him an awesome choice for student of the month!

#### Kaloupe Springfield, December Junior



Kaloupe is a very courageous young lady. She works to her full potential every single day. She is helpful and very determined to excel regardless of any circumstances. We are happy to have this exceptional student as a JCM-ECH student of the month!

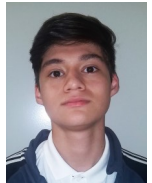
#### Lizbet Mendoza, November Senior

Lizbet is quite simply a joy to be around. She is well-mannered, sweet, and works hard at all she does. She is dependable and very mature for someone her age. Lizbet is an excellent representation of the JCM-ECH student of the month!



#### Axel Adriano, December Senior

Axel gives 110% every single day. He is the ideal student. He comes to class prepared and completes all tasks required of him. He gets along well with adults and peers alike. We are very proud to have Axel as a JCM-ECH student and as the student of the month!



## 3 Tips for Parents to Keep Your Teen Focused During the Holiday Season

**Tip 1:** Map it Out: Schedules are hectic over the holidays. Jotting application deadlines, assignment due dates, and big exams on the calendar can help parents and students prioritize their time.

*Make a list, check it twice, and then make your plan of attack.*

**Tip 2:** Embrace the spirit: Do not pretend as if this is any other time of year. Instead, harness the excitement to motivate your teen.

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*Parents, you can also harness the holiday spirit by engaging your teen in service learning activities. Remember, students are required to earn 10 hours of community service per semester.*

**Tip 3:** Keep looking ahead: December is often a time to reflect on the past year, but parents should also push their teens to focus on what is in front of them. For juniors, that means starting the college search in earnest. For seniors, that means finishing college essays, submitting applications, and researching financial aid options. Younger students are not off the hook. Underclassmen should spend the holidays thinking about internships, camps, or things they want to participate in over the summer.

*The holidays are an opportunity to reflect... how your teen will continue to explore themselves and their interests while building a strong collegiate profile. One of the roles of parents is to keep their teen focused on the activities that they need in order to propel themselves forward towards higher education goals.*